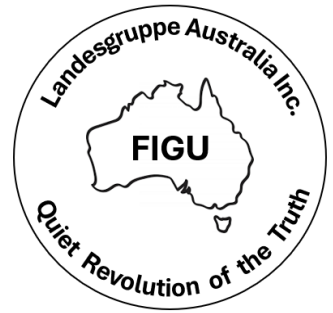




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No: 37 August 2025

Deeply Rooted Vital Conviction

In the Decalogue, and in contact report 913, it is recommended that every day be celebrated through the enjoyment of reflecting upon Creation in gratitude for one's ability to exist in and through it and by controlling one's actions, speech and behaviour through refraining from anything negative towards Creation and oneself within its existence.

Another daily recommendation for the human being, found in the book *Might of the Thoughts*, published in the year 2012 first edition page 324 onwards, cited in this text, is to develop a deeply rooted vital conviction, that all conceived of and collected ideals for prosperity and abundance, are realised. Because "The human being must consider it his/her duty to enjoy the abundance of his/her life, if it is a kind of life which is righteous and evolutive. However, each human being must create this abundance himself/herself, thus everyone must contribute his/her own part to that in order to be provided for in the best way."

Connected to this conviction is, "...the conviction that, with the right activation and direction of one's prosperity and abundance, a correct provision is always guaranteed. To this end, however, the human being must never think in a needy manner, because thoughts live, as do words, for which reason nobody should call himself/herself needy." (page 336).

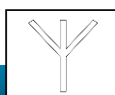
Learning about this recommendation is just the beginning, one has to mentally nurture this conviction, otherwise it stays dormant like blueprints without a builder. One has to constantly practise until the conviction becomes effective and works correctly bringing results. And this consciousness-based development of one's inner nature through mental nurturing, is the actual might of the thoughts, which then allows everything to become reality (page 326).

"And thoughts are might, by means of which everything is set into action. Indeed, also words are realised, because they are outwardly released thoughts, which become reality as a result of their might. Therefore, if a matter is contemplated, then patterns pertaining to that specific matter are formed. If this is then spoken about, then the word is thereby sent out and that which has been thought is compressed; the words are thereby realised through the might of the thoughts with which everything is formed and clothed in acoustical sound, and therefore words." "Therefore, since time immemorial it has been said, 'Tend a thought or utter it, and it happens' and 'just as it is with the thoughts, the word is might and command'. "The thoughts and words are therefore commands which the human being creates in himself/herself and from which mighty attitudes and belief-based things manifest, which are to the benefit or the detriment of the human being" (page 336). And "in a broader sense, it is possible that things in the outer realm are indeed also set into action through the thoughts and words" (page 338).

Because of these facts, one is encouraged to also transform extremely negative and negating values, attitudes, worries, grief and wrong strivings and efforts, into neutral-positive-equalised powers. This is done by developing within one's consciousness, the certainty, that daily, all thought-feeling-based and material-work-based efforts are always working out for oneself and are carrying out that which one has acquired as ideals (page 326).

This does not mean that one is able to live a life where one is able to overcome everything without a fight, or that no difficulties would ever appear. There is no evolutive progress in that, only in the process of thought, making errors and resolving them, is there evolutive progress. The positive, in the perceived negative struggle, is the joy in overcoming, and the subsequent progress (page 334). It must be kept in mind that problems, bothers and errors are not just simply negative, but that "they also have a noteworthy, positive and evolution value." (page 416). Also, knowledge shows that having this deeply rooted vital conviction, is very good and necessary, because from time to time, when everything becomes extremely hard, one is not disturbed and is able to still have much joy. (page 336)

This is also a self-protection, a way for human beings to defend themselves against difficulties and eliminate negative influences, which inevitably will arise in the life of the human being, "...it cannot be that he/she only gets to feel the sweet sides of existence, rather he/she must also feel the bitter sides." (page 334)



Importantly one must also be aware of the fact, that if one's yearnings, wishes and desires are directed only at purely material wealth, then one puts oneself into a place where one can interrupt, or even prevent, one's "connection to the consciousness-based and creation-aligned world and development". That also begins the process of losing basic control and progress of all good, positive and real humane values (page 330) leading to the loss of, or to the inability to build up, honest joy, love, inner freedom, inner peace and harmony of life. "In this way, rich human beings of this kind become the poorest in the immense mass of humanity, because their inner life, which contains the real values in it, is hollow and empty and is like a nest of noxious vermin. Thus, they pay themselves back for their misconduct, even if this does not happen especially quickly." (page 332).

Prosperity and abundance are first and foremost an inner nature that is expressed in joy, love, peace, freedom and harmony, which is in alignment with, and formed from, one's inner-most creational nature, the real prosperity and abundance (page 334). Developing through nurturing these inner values, is living in accordance with the law of provision. That "...only functions for those human beings who live according to it." (page 326).

Reading about this deeply rooted conviction, about the law of provision, about how that in order for the law of provision to work one has to live according to the law, or one could say, consciously asks for it and act in the right and correct positive form, to the law reminds me of what was shared in, FLAU Bulletin No: 34 August 2024.

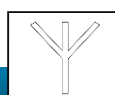
<i>Das ganze Universum und alle darin existierenden Formen bringen immer die notwendige Hilfe, wenn nur bewusst danach verlangt und in richtiger, korrekter und positiver Art und Weise gehandelt wird. Gar leise geflüsterte oder geheime Wunschträume werden vom ständig wachsamem Universum und von allen aufmerksamen Formen wahrgenommen, so auch diese nach Möglichkeit erfüllt werden. Dazu ist es aber notwendig, dass auch die oft nur sehr leise und schemenhafte Hilfe beachtet wird, die dem Menschen bei ihrer Entfaltung zufließt. Oft kann er nämlich nur dann, wenn er sehr aufmerksam und wachsam ist, die dargebotene Hilfe erkennen und sie nutzen, um dann alles in notwendiger und nutzbringender Weise umzusetzen und das Leben in harmonischem Einklang mit den schöpferisch-natürlichen Gesetzen und Geboten führen.</i> Billy, SSSC, 9. Januar 2014, 22.29 h	The whole universe and all the forms existing therein always provide the necessary help, if only one consciously asks for it and acts in a right, correct and positive form. Even quietly whispered or secret wishful dreams are perceived by the ever watchful universe and by all attentive forms, so even these are fulfilled if possible. However, to this end, it is important to pay attention to the often very quiet and shadowy help which flows to the human beings in their evolution. Often he/she can recognise and use the help offered, namely, only if he/she is very attentive and vigilant in order to then implement everything in a necessary and beneficial form and lead his/her life in harmonious consonance with the creational-natural laws and recommendations. Billy, SSSC, 9th January 2014, 22:29
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Consciously asking for and acting in the right and correct form, is consciously asking for help within and paying attention to and implementing the quiet help flowing to oneself, along with nurturing the deeply rooted vital conviction that all ideals for prosperity and abundance are realised. While also transforming any extremely negative and negating values and attitudes by nurturing the certainty, that all of one's consciousness-based and material-based efforts are working out for oneself, and that a correct provision is always guaranteed. It is living and acting in line with the law of provision and one's inner most creational nature, knowing and expressing honest joy, love, peace, freedom and harmony.

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Cameron Jamieson



Life is a Work in Progress

During my life I have been preoccupied with accomplishing various goals, always focussing on the completion but being impatient with the process. In other words, I have been disrespecting the evolutionary reality. Included in this is disrespecting my own true function as a human being and assessing myself negatively for being a mere work in progress. It seems to have taken me this long to finally begin to appreciate that life is not only the accomplishment of the goal, but also development, mistakes, down time and the necessary passing away to make way for the new.

Why did I have that erroneous view which demonstrates a profound degree of inattentiveness to reality? No doubt it comes from the religious teaching of perfection – the biblical God, Jesus, and God's Creation are supposedly perfect, thus unchanging. Therefore they would have no need for the process of development. We were taught to 'be like (the perfect) Jesus'. Meanwhile the sinner was always found wanting because of his/her failings. So failings were not accepted as necessary guideposts to the next step in the evolutionary path but were frowned upon. Then in the Christian Heaven one finds eternal life where, by necessity, nothing changes.

How at odds this is with what we can learn by observing nature and from the Creation-energy teaching, which says,

"... that the life as well as the BEING are, from the very beginning of all existence, integrated into an absolutely immortal and continual, endless striving for all the immeasurable duration of time. ... But also included in that is the teaching of the becoming and passing and of the becoming again in endless series, right into all the all-great-time of the Absolute Absolutum." (The Way to Live, p.122)

In a world constantly undergoing developmental change, imagine the stress of never coming to terms with the incompleteness of becoming and the impermanence of passing away. But on the other hand, imagine the joy and satisfaction of being at peace with the natural process and finally being able to honestly use it to the full for one's evolutionary development. To finally begin to appreciate that life's negatives are just as important and are to be respected as much as the positives is truly liberating. Then there is always reason for joy, even in the face of difficulty and pain.

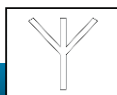
Vivienne Legg

Creation-energy - Consciousness - Psyche

The Creation-energy animates the personality and the consciousness, and from the consciousness comes forth that which is called psyche, which however, is not an organ but only a state of thinking, through which the state of psyche is therefore formed by the thoughts. However, the thoughts also include the energy and power that through them the feelings are triggered and then exist as a decisive part of the psyche-state. It is therefore completely wrong to assume that the psyche is a component or an organ or suchlike of the body, because 'the psyche' is truly and effectively only a state or a value of that which the human being creates for himself/herself based in the thoughts and feelings. Consequently, it is the case that – depending on how the human being shapes his/her thoughts and thus also his/her feelings, positively or negatively – his/her so-called psyche state has a negative or positive effect and consequently forms a high or low in terms of morale. Of course, through this, inevitably also the human being's mood and disposition results, namely in such a form that his/her thoughts and feelings also positively contour or negatively burden his/her consciousness. In this wise, the most important factors are expressed, which the human being brings forth through his/her thoughts and feelings, and thus forms the 'psyche-state', which the human being really only brings forth for himself/herself, namely through how and what he/she develops based on the thoughts and feelings overall and forms and brings about his/her personal state of morale.

Now, the human being evolves or develops – or he/she devolves and harms himself/herself – by turning to this or that learning material in a controlled wise by means of his/her thoughts and feelings and by devoting himself/herself to it, therethrough becoming more knowledgeable. This relates to and affects his/her so-called state of psyche, which, however, is formed only by his/her thoughts and feelings, namely depending on whether these have negative or positive values. Thereby it is to be explained that by thinking and developing feelings from this, the human being produces an effect and an understanding of that, which together also affects the consciousness, so that everything is stored and thus preserved, but which also affects the state of the personal morale. In fact, this takes place with regard to the corresponding negative or positive constitution, thus everything gets positively or negatively very badly out of the control of the good human nature, according to how the thoughts and the feelings arising from them are formed.

From the thoughts and ideas also the resulting feelings come forth, which manifest themselves as a psychical state and thus represent that which moves the human being at the centre of his/her self and from which the so-called psyche state is formed. Thereby it must therefore be fundamentally understood that this state can only come about because the



Creation-energy animates the consciousness of the personality and therethrough, by means of this energy and power, offers the human being the possibility of conceiving thoughts and creating feelings from them, either positively or negatively, depending on the free will of the human being. If he/she shapes them positively, then his/her personal self-values and his/her state of morale increase to high values of joy and values of feeling good and so forth, but if the human being forms his/her thoughts and feelings negatively, then opposing evil and bad self-unvalues result, and these lead to a personal bad and evil state of morale.

Through this therefore, the cultivation/nurturing of thoughts and the bringing forth of feelings in a positive wise, just as life itself, are maintained in good function and thus knowingly evolutionary. Or, if one acts or brings forth thoughts and feelings in a negative wise, then everything becomes de-evolutionary.

The so-called psyche state is thus formed out of the consciousness, and indeed this is nothing other than the state that results from positive or negative thoughts and feelings, which are to be regulated and formed into the right tracks only by the human being concerned who created them.

This does not require so-called psychiatrists or any medication in order to put everything back in a correct state and become 'healthy again' if a human being is psychically 'down in the dumps' or if he/she is 'psychically ill'; rather he/she only needs to resort to his/her logic, intellect and rationality to nurture his/her thoughts and feelings positively again and consequently leave out everything negative in this regard. Of course, this takes much, much time and rest, often – if the demolished thought-feeling state is profound – even 2 or 3 years or even 4. However, in fact, it does not take any money-greedy psychiatrists who can never help, but only oneself to put one's own negative thoughts and feelings back into a correct state by bringing anything and everything back to the best state of positive thoughts and feelings and making one's health whole and smiling again.

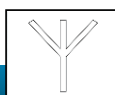
Through the thoughts and feelings alone, which are formed and nurtured positively or negatively, the human being thus determines his/her own condition, which arises in a so-called psyche-based form. The Creation-energy alone ensures that the consciousness of the human being functions as part of his/her personality and that the thoughts and feelings arising from it determine the so-called psyche-state and keep it functioning. The human being is solely responsible for himself/herself in this respect, who, as explained, determines through his/her thoughts and feelings – precisely in such a wise – that everything proceeds normally as well as good and positively, or whether negative thought-impulsations and bad feelings cause a bad state of morale that is even detrimental to the body and health. Good and positive thoughts and feelings at all times, which bring about an objective, life-affirming psyche state, are that which every human being needs in every situation, and this is something that is always to be taken care of in one way or another.

The personality and the consciousness, like the fantasised psyche which exists only in words, are very much more and completely different in their function than is generally claimed by science. The consciousness, which is animated to function solely by Creation-energy via the personality, on the one hand, is responsible in every form not only for perceiving, assessing and forming the living experience of mental processes and states in the entire sense, but on the other hand, also for consciously recognising something as knowledge and representing it by this. The consciousness is the Creation-energy-animated factor that conveys the real knowledge to every human being by means of the seeing, experiencing, living experience and learning integration of reality and its undeniable truth.

SSSC, 14:50, Wednesday, 19th March 2023, Billy

Schöpfungsenergie – Bewusstsein – Psyche

Die Schöpfungsenergie belebt die Persönlichkeit und das Bewusstsein, und aus dem Bewusstsein geht das hervor, was Psyche genannt wird, die jedoch kein Organ, sondern nur ein Zustand des Denkens ist, wobei der Psychezustand also durch die Gedanken gebildet wird. Die Gedanken jedoch beinhalten auch die Energie und Kraft, dass durch sie die Gefühle ausgelöst werden und dann als massgebender Teil des Psychezustandes bestehen. Es ist also völlig falsch anzunehmen, dass die Psyche ein Bestandteil resp. ein Organ oder dergleichen des Körpers sei, denn «die Psyche» ist wahrlich und effektiv nur ein Status resp. eine Geltung dessen, was sich der Mensch selbst gedanklich und gefühlsmässig erschafft. Folgedem ist es so, dass je gemäss dem, wie der Mensch je nachdem positiv oder negativ seine Gedanken und damit auch seine Gefühle formt, sich sein sogenannter Psychezustand negativ oder positiv auswirkt und folglich ein moralisches Hoch oder Tief formt. So ergibt sich natürlich zwangsläufig dadurch auch die Laune und Stimmung des Menschen, und zwar nämlich derart, wie er durch seine Gedanken und Gefühle auch sein Bewusstsein positiv konturiert oder negativ belastet. Auf diese Weise äussern sich die wichtigsten Faktoren, die der Mensch durch seine Gedanken und Gefühle schafft und dadurch also den «Psychezustand» formt, den sich wirklich nur der Mensch selbst schafft, und zwar dadurch, wie und was er gedanklich und gefühlsmässig alles entwickelt und seinen persönlichen Moralzustand formt und zuwegebringt.



Nun, der Mensch evolutioniert resp. entwickelt sich dadurch – oder er devolutioniert und schadet sich –, indem er sich durch seine Gedanken und Gefühle in kontrollierter Weise diesem und jenem Lernstoff zuwendet und sich diesem

widmet und dadurch wissender wird. Dies bezieht und wirkt sich aus auf seinen sogenannten Psychezustand, der jedoch nur durch seine Gedanken und Gefühle geformt wird, und zwar je gemäss dem, ob diese negative oder positive Werte aufweisen. Zu erklären ist dabei, dass damit, indem der Mensch denkt und daraus Gefühle entwickelt, er einen Eindruck und ein Verstehen dessen erschafft, was zusammen auch auf das Bewusstsein einwirkt, das alles speichert und so erhalten bleibt, was jedoch auch auf den Zustand der persönlichen Moral einwirkt. Und zwar erfolgt dies bezüglich der dementsprechenden negativen oder positiven Beschaffenheit, so alles derweise positiv artet oder negativ ausartet, wie die Gedanken und die aus diesen entstehenden Gefühle geformt sind.

Aus den Gedanken und Vorstellungen gehen auch die daraus entstehenden Gefühle hervor, die sich als psychischer Zustand manifestieren und also das darstellen, was den Menschen im Mittelpunkt seines Ichs bewegt und woraus sich der sogenannte Psychezustand bildet. Dabei ist also grundsätzlich zu verstehen, dass dieser Zustand nur dadurch zustande kommen kann, weil die Schöpfungsenergie das Bewusstsein der Persönlichkeit belebt und dadurch dem Menschen die Möglichkeit bietet, durch diese Energie und Kraft Gedanken zu entwerfen und daraus Gefühle zu kreieren, je gemäss dem freien Willen des Menschen im Positiven oder Negativen. Gestaltet er sie im Positiven, dann steigern sich seine persönlichen Ichwerte und sein Moralzustand zu hohen Freudewerten und Gutfühlwerten usw., doch formt der Mensch seine Gedanken und Gefühle im Negativen, dann erfolgen gegensätzlich böse und schlechte Ichunwerte, und diese führen zu einem persönlichen schlechten sowie üblen Moralzustand.

Dadurch werden also das Gedankenpflegen und Gefühleschaffen in positiver Weise, wie ebenso das Leben selbst, in guter Funktion erhalten und damit wissentlich evolutionierend. Oder, wenn in schlechter und negativer Weise gehandelt wird resp. Gedanken und Gefühle geschaffen werden, dann wird alles devolutionierend.

Aus dem Bewusstsein heraus bildet sich also der sogenannte Psychezustand, und zwar ist dieser nichts anderes als der Zustand, der sich durch positive oder negative Gedanken und Gefühle ergibt, die nur durch den betreffenden Menschen selbst zu regulieren sind und in die richtigen Bahnen formt, der sie erschaffen hat.

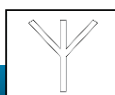
Dazu sind weder sogenannte Psychiater noch irgendwelche Medikamente erforderlich, um alles wieder in Ordnung zu bringen und «wieder gesund» zu werden, wenn ein Mensch einen psychischen «Moralischen» hat oder wenn er «psychisch krank» ist, sondern er braucht nur auf seine Logik, seinen Verstand und seine Vernunft zu greifen, um seine Gedanken und Gefühle wieder positiv zu pflegen und folglich alles diesbezüglich Negative wegzulassen. Das benötigt natürlich viel, viel Zeit und Ruhe, oft – wenn der demolierte Gedanken-Gefühlszustand tiefgreifend ist – gar 2 oder 3 Jahre oder gar 4. Doch tatsächlich braucht es keine geldgierige sowie niemals helfenkönnende Psychiater dazu, sondern nur sich selbst, um die eigenen negativen Gedanken und Gefühle wieder in Ordnung zu bringen, indem alles und jedes wieder auf den besten Stand von positiven Gedanken und Gefühlen gebracht wird und die Gesundheit wieder ganz und vollends lacht.

Allein durch Gedanken und Gefühle, die im Negativen oder Positiven geformt und gepflegt werden, bestimmt also der Mensch selbst seinen Zustand, der sich sogenannt psychemässig ergibt. Die Schöpfungsenergie gewährleistet allein, dass das Bewusstsein des Menschen als Teil seiner Persönlichkeit funktioniert und aus diesem die hervorgehenden Gedanken und Gefühle den sogenannten Psychezustand bestimmen und in Funktion halten. Der Mensch ist diesbezüglich ganz allein für sich selbst verantwortlich, der, wie erklärt, durch seine Gedankenregungen und seine Gefühle selbst bestimmt – eben derweise –, dass alles normal sowie gut und positiv verläuft, oder ob negative Gedankenregungen und üble Gefühle einen schlechten und gar den Körper und die Gesundheit beeinträchtigenden Moralzustand hervorrufen. Allzeit gute und positive Gedanken und Gefühle, die einen objektiven, lebensbejahenden Psychezustand herbeiführen, sind das, was jeder Mensch in jeder Situation braucht, und darauf ist so oder so immer zu achten.

Die Persönlichkeit und das Bewusstsein, wie die erphantasierte Psyche, die nur wortmässig existiert, sind sehr viel mehr und völlig anders geartet in ihrer Funktion, als allgemein von der Wissenschaft behauptet wird. Das Bewusstsein, das via die Persönlichkeit allein von der Schöpfungsenergie zur Funktion belebt wird, ist einerseits in jeder Form dafür zuständig, dass nicht nur im gesamten Sinne das Erleben mentaler Prozesse und Zustände wahrgenommen, beurteilt und gebildet wird, sondern andererseits auch bewusst etwas als Wissen erkannt und durch dieses vertreten wird. Das Bewusstsein ist der schöpfungsenergiebelebte Faktor, der jedem Menschen das wirkliche Wissen durch das sehende, erlebende, erfahrende und lernende Aufnehmen der Wirklichkeit und deren unbestreitbare Wahrheit vermittelt.

SSSC, 14.50 h, Mittwoch, den 19. März 2023, Billy

Source: Plejadisch-plejarische Kontaktberichte, Neunhundertachter Kontakt,
https://www.figu.org/ch/files/downloads/kontaktberichte/figu_kontaktbericht_908.pdf



Giving Up All Anxiety and Fear

Living in anxiety and fear brings the human being all sorts of calamity, thus he/she must give up everything and anything which is rooted in anxiety and fear, be it plans, deeds, rationalisations, agendas, actions, wishes or defences and so forth. Everything which is based in anxiety and in fear must be given up in order to first be analysed and thought over, thus the senses must be opened as well as intellect and rationality be advisingly consulted, in order to gain clear insights into what instils anxiety and fear, so that these can be dissolved and neutralised. Therefore, healing clarifications must be made and all necessary patience be mustered, because only therethrough can everything be clarified in a useful form. And only when this is done can all arising important factors be calmly thought through and clarified, through which clarity arises and wherethrough the anxiety or fear disappears. In this form, the human being allows himself/herself the luxury of taking time in order to calmly clarify everything, which provides him/her the gladness of undertaking something without anxiety or fear as well as of acting rightly in dignity at the right moment without mistakes.

SSSC, 24th October 2013, 23:26 Billy

Alle Ängste und Furcht aufgeben

In Ängsten und in Furcht zu leben, bringt dem Menschen vielerlei Unheil, folglich er alles und jedes aufgeben muss, was in Ängsten und Furcht wurzelt, seien dies Pläne, Handlungen, Rationalisierungen, Tagesordnungen, Taten, Wünsche oder Verteidigungen usw. Alles was auf Ängsten und auf Furcht gründet, muss aufgegeben werden, um es erst gründlich zu analysieren und zu überdenken, folglich müssen die Sinne geöffnet sowie Verstand und Vernunft ratend beigezogen werden, um klare Einsichten in bezug darauf zu gewinnen, was Angst oder Furcht einflösst, damit diese aufgelöst und neutralisiert werden kann. Also müssen heilsame Abklärungen geschaffen und alle notwendige Geduld aufgebracht werden, weil nur dadurch alles in nutzvoller Art und Weise geklärt werden kann. Und nur wenn dies getan wird, können in Ruhe alle anfallenden wichtigen Faktoren durchdacht und abgeklärt werden, durch die Klarheit entsteht und wodurch die Angst oder Furcht schwindet. In dieser Weise erlaubt sich der Mensch den Luxus, sich Zeit zu nehmen, um alles in Ruhe zu klären, was ihm das Frohsein verschafft, ohne Angst oder Furcht etwas zu unternehmen sowie in Würde zum richtigen Zeitpunkt ohne Fehler richtig zu handeln.

SSSC, 24. Oktober 2013, 23.26 h Billy

<i>Ohne Angst und Furcht</i>	<i>Without Anxiety and Fear</i>
Nur ohne Angst und Furcht ergibt sich für den Menschen ein inneres Fortschreiten und eine wahrheitliche Verbindung zum Dasein und zum Leben.	Only without anxiety and fear an inner progress and a true connection to existence and to life result for the human being.
SSSC, 24. Oktober 2013, 23.30 h, Billy	SSSC, 24th October 2013, 23:30, Billy

Creation-energy symbol "Knowledge"

